



Madison County Public Schools

**WRITTEN CLEARANCE FOR RETURN TO PLAY AND MEDICAL RELEASE  
BY LICENSED HEALTH CARE PROVIDER<sup>1</sup>**

Madison County Public Schools maintains the following policy (JJAC) for suspected concussions or head injuries:

No student-athlete shall be allowed to return to extracurricular physical activities, which includes the student athlete’s practices, games, or competitions, until the student presents a written medical release from the student-athlete’s licensed health care provider. The written medical release shall certify that (i) the provider is aware of the current medical guidance on concussion evaluation and management; (ii) the student athlete no longer exhibits signs, symptoms, or behaviors consistent with a concussion at rest or with exertion; and, (iii) the student-athlete has successfully completed a progressive return to sports participation program. The length of progressive return to sports participation program shall be determined by the student-athlete’s licensed health care provider but shall last a minimum of five calendar days.

Student: \_\_\_\_\_  
First Middle Last

**FOR THE LICENSED HEALTH CARE PROVIDER TO CERTIFY:**

- a. Are you aware of the current medical guidance on concussion evaluation and management?
- b. Does the student athlete no longer exhibit signs, symptoms, or behaviors consistent with a concussion at rest or with exertion?
- c. Has the student-athlete successfully completed a progressive return to sports participation program LASTING A MINIMUM OF FIVE DAYS?

Yes	No

The Date the Student Can Return to Play: \_\_\_\_\_

Licensed Health Care Provider Contact Information:

\_\_\_\_\_  
Licensed Health Care Provider Signature Date

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Questions should be addressed to:  
Athletic Director, Phil Warren  
Madison County High School  
68 Mountaineer Lane  
Madison, Virginia 22727  
540.948.3785

<sup>1</sup> Licensed Health Care Provider: a physician, physician assistant, osteopath or athletic trainer licensed by the Virginia Board of Medicine; a neuropsychologist licensed by the Board of Psychology; or a nurse practitioner licensed by the Virginia State Board of Nursing.